



August 2009

To the Families of Northshore Christian School.

Blue Plate Express is excited to announce that we will be providing tasty, healthy school lunches to Northshore Christian School for the upcoming school year.

At Blue Plate Express we take pride in the quality of our lunches. All of our food is prepared in our kitchen. We never outsource our lunches to other restaurants or fast food establishments. Every lunch includes a vegetable and a fruit. . We serve sliced fruits rather than whole fruits as kids eat them more readily. We make our own Mac & Cheese and even our Pizza is made in our kitchen.

Lunches cost \$4.25 plus tax and include entree, vegetable, fruit and dessert. Extra large portions are available for \$4.75 plus tax. Meals are cooked in our kitchen and delivered hot to the school. We offer 2 hot and 3 cold lunch options every day. We also offer a daily sandwich lunch, such as meatball sub or french dip.

Ordering can be done two ways, online at [www.blueplateseattle.com](http://www.blueplateseattle.com) or by phone at 206-525-2511 (if we are not there, please leave a message as we are often making food deliveries). We accept credit cards and checks as payment. Orders can be made until Sunday night 8pm, on line, for the following week, or by phone until 4pm Friday.

Lunches may be ordered for specific days, a whole week or the whole month—which ever is easiest for you. You may also call us to arrange for your child to receive hot lunch for the entire school year.

Menus for September will be available to order on line in mid August. New and returning customers must create a new account each year.

We are pleased that Larry will be returning as the food server for your school. He is an accomplished food service professional. Larry works as a chef at McCormick & Schmicks Harborside restaurant in Seattle during the evenings and on weekends.

We look forward to providing the children and families at Northshore Christian School with tasty, healthy lunches and we truly appreciate the opportunity.

Sincerely,

Bruce Bowen  
Owner of Blue Plate Express

[www.blueplateseattle.com](http://www.blueplateseattle.com) ~ 206-525-2511