

## **NCA's Hot Lunch Program**

### **Blue Plate Express--*Healthy Mealtime Solutions***

August 2010

To the Families of Northshore Christian Academy:

Blue Plate Express is excited that we will again be providing tasty, healthy school lunches to NCA for the upcoming school year.

At Blue Plate Express we take pride in the quality of our lunches. All of our food is prepared in our kitchen. We never outsource our lunches to other restaurants or fast food establishments. Every lunch includes a vegetable and a fruit. We serve sliced fruits rather than whole fruits as kids eat them more readily. We make our own mac & cheese and even our pizza is made in our kitchen.

Lunches cost \$4.25 plus tax and include entree, vegetable, fruit and a treat. Extra large portions are available for \$4.75 plus tax. Meals are cooked in our kitchen and delivered hot to the school. We offer 2 hot and 3 cold lunch options every school day. We also offer a daily sandwich lunch, such as meatball sub or french dip.

Ordering can be done two ways, online at [www.blueplateseattle.com](http://www.blueplateseattle.com) or by phone at 206-525-2511 (if we are not there, please leave a message as we are often making food deliveries.) We accept credit cards and checks as payment. Orders can be made through our web site until Sunday night by 8pm for the following week or by phone until 4pm Friday.

Lunches may be ordered for specific days, a whole week or the whole month—whichever is easiest for you. You may also call us to arrange for your child to receive hot lunch for the entire school year. All new and returning families must create a new account on our web site for the upcoming school year.

We look forward to providing the children and families at Northshore Christian Academy with tasty, healthy lunches and we truly appreciate the opportunity.

Sincerely,

Bruce Bowen

Owner of Blue Plate Express

[www.blueplateseattle.com](http://www.blueplateseattle.com) ~ 206-525-2511