



PE Newsletter

September 2010

K-1 We are working on rules and procedures since we need to remember PE is not recess and organization is very important for everyone to learn and have fun. ☺ We are also learning and practicing locomotive skills. They are an important part of development at this age. We also played “poison peanut butter” a team building game where the goal is to work as a class to make it to the other side of the gym without touching the “peanut butter” colored floor. We are trying to learn the students names as quickly as possible, so we played “name tag”. We are very excited to see these younger grades develop over the year.

2-5 We have reviewed S.P.A.C.E., the format by which students are graded. We began the year with a team building activity “poison peanut butter”. It is a team building game where the goal is to work as a class to make it to the other side of the gym without touching the “peanut butter” colored floor. Now we have been blessed with good weather so we can work on football skills in the month of September.

6-8 We are blessed to have Ben Donahue join our PE/athletic program this year. We are using a new, more student lead curriculum idea this year. This idea which Mr. Donahue used at his school in Montana, allows students to work on leadership skills, teamwork, and sportsmanship. Students are split into groups for each unit and each group chooses a student leader/coach. We give the student coaches basic skills and ideas to explain and teach to their teammates. This allows students who are more knowledgeable the chance to develop ideas for helping others. Everyone gets more individual development and a better understanding of the game under our supervision and guided instruction. Our first unit is football which each group has come up with their own creative plays and game strategies.

PE Department

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